

Bewilderwood

Explore
Discover
Understand



Sound Fist - Sensory activity listening to and identifying sounds around the park.

Children can listen to the natural world around them and identify sounds that they hear. Ask the children to close their eyes and try to hone in on natural sounds – can they hear any Twiggles or Boggles rustling in the leaves? Gather as a group to discuss what has been heard.

Worksheet included? No

Children's learning objectives

- To focus on listening carefully
- To recall a small number of facts from memory
- To identify different sounds within a natural environment
- To distinguish between human-made and natural sounds
- To relate natural sounds to creatures or happenings e.g. the wind blowing through the trees or a Boggle running through the reeds.

What you will need

Ears and hands!

Groupings

This activity can be completed in small groups (with accompanying adults for assistance).

Activity

- Gather as a group within a given area. Good areas for this activity are either the Treacherous Trail or the Peaceful Paths
- Children move slightly away from each other (within given area). Close their eyes and make a fist with one hand

